



Golden Rule Karate & Fitness L.L.C.

Division Break Down

<p><u>Boys & Girls 8 years old & under</u> Weapons Kata</p> <ol style="list-style-type: none">1. Novice2. Intermediate3. Advanced <p><u>Boys & Girls 9-11 years old</u> Weapons Kata</p> <ol style="list-style-type: none">4. Novice5. Intermediate6. Advanced <p><u>Boys & Girls 12-14 Years Old</u> Weapons Kata</p> <ol style="list-style-type: none">7. Novice8. Intermediate9. Advanced <p><u>Boy & Girls 15-17 Years Old</u> Weapons Kata</p> <ol style="list-style-type: none">10. Novice11. Intermediate12. Advanced
<p><u>Boys & Girls 6 years old & Under</u> Empty Hand Kata</p> <ol style="list-style-type: none">13. Novice14. Intermediate15. Advanced <p><u>Girls 6 years old & Under</u> Kumite</p> <ol style="list-style-type: none">16. Novice17. Intermediate18. Advanced <p><u>Boys 6 years old & Under</u> Kumite</p> <ol style="list-style-type: none">19. Novice20. Intermediate21. Advanced
<p><u>Boys & Girls 7 & 8 Years Old</u> Empty Hand Kata</p> <ol style="list-style-type: none">22. Novice23. Intermediate24. Advanced <p><u>Girls 7 & 8 years old</u> Kumite</p> <ol style="list-style-type: none">25. Novice26. Intermediate27. Advanced <p><u>Boys 7 & 8 years old</u> Kumite</p> <ol style="list-style-type: none">28. Novice29. Intermediate30. Advanced
<p><u>Boys & Girls 9 & 10 Years Old</u> Empty Hand Kata</p> <ol style="list-style-type: none">31. Novice32. Intermediate33. Advanced <p><u>Girls 9 & 10 years old</u> Kumite</p> <ol style="list-style-type: none">34. Novice35. Intermediate36. Advanced <p><u>Boys 9 & 10 years old</u> Kumite</p> <ol style="list-style-type: none">37. Novice38. Intermediate39. Advanced

<p><u>Boys & Girls 11 & 12 Years Old</u> Empty Hand Kata</p> <ol style="list-style-type: none">40. Novice41. Intermediate42. Advanced <p><u>Girls 11 & 12 years old</u> Kumite</p> <ol style="list-style-type: none">43. Novice44. Intermediate45. Advanced <p><u>Boys 11 & 12 years old</u> Kumite</p> <ol style="list-style-type: none">46. Novice47. Intermediate48. Advanced
<p><u>Boys & Girls 13 & 15 Years Old</u> Empty Hand Kata</p> <ol style="list-style-type: none">49. Novice50. Intermediate51. Advanced <p><u>Girls 13 & 15 years old</u> Kumite</p> <ol style="list-style-type: none">52. Novice53. Intermediate54. Advanced <p><u>Boys 13 & 15 years old</u> Kumite</p> <ol style="list-style-type: none">55. Novice56. Intermediate57. Advanced
<p><u>Boys & Girls 16 & 17 Years Old</u> Empty Hand Kata</p> <ol style="list-style-type: none">58. Novice59. Intermediate60. Advanced <p><u>Girls 16 & 17 years old</u> Kumite</p> <ol style="list-style-type: none">61. Novice62. Intermediate63. Advanced <p><u>Boys 16 & 17 years old</u> Kumite</p> <ol style="list-style-type: none">64. Novice65. Intermediate66. Advanced
<p><u>Men & Women 18 - 34 Years Old</u> Empty Hand Kata</p> <ol style="list-style-type: none">67. Novice68. Intermediate69. Advanced <p><u>Men & Women 18 - 34 Years Old</u> Weapons Kata</p> <ol style="list-style-type: none">70. Novice71. Intermediate72. Advanced <p><u>Women 18-34 years old</u> Kumite</p> <ol style="list-style-type: none">73. Novice74. Intermediate75. Advanced <p><u>Men 18-34 years old</u> Kumite</p> <ol style="list-style-type: none">76. Novice77. Intermediate78. Advanced

<p><u>Men & Women 35- 49 Years Old</u> Empty Hand Kata</p> <ol style="list-style-type: none">79. Novice80. Intermediate81. Advanced <p><u>Men & Women 35- 49 Years Old</u> Weapons Kata</p> <ol style="list-style-type: none">82. Novice83. Intermediate84. Advanced <p><u>Women 35-49 years old</u> Kumite</p> <ol style="list-style-type: none">85. Novice86. Intermediate87. Advanced <p><u>Men 35-49 years old</u> Kumite</p> <ol style="list-style-type: none">88. Novice89. Intermediate90. Advanced
<p><u>Men & Women 50 and over</u> Empty Hand Kata</p> <ol style="list-style-type: none">91. Novice92. Intermediate93. Advanced <p><u>Men & Women 50 and over</u> Weapons Kata</p> <ol style="list-style-type: none">94. Novice95. Intermediate96. Advanced <p><u>Women 50 and over</u> Kumite</p> <ol style="list-style-type: none">97. Novice98. Intermediate99. Advanced <p><u>Men 50 and over</u> Kumite</p> <ol style="list-style-type: none">100. Novice101. Intermediate102. Advanced
<p><u>Black Belt Weapons</u> Men and Women</p> <ol style="list-style-type: none">103. 18-34 Years old 1-2nd Dan104. 18-34 3rd and over105. 35-49 Years old 1-3rd Dan106. 35-49 4th and over107. 50 and over 1-3rd Dan108. 4th and over <p><u>Black Belt Empty Hand Kata</u> Men and Women</p> <ol style="list-style-type: none">109. 18-34 Years old 1-2nd Dan110. 3rd and over111. 35-49 Years old 1-3rd Dan112. 4th and over113. 50 and over 1-3rd Dan114. 4th and over <p><u>Black Belt Kumite</u> Men</p> <ol style="list-style-type: none">115. 18-34 Years old116. 35-49 Years old117. 50 and over <p><u>Black Belt Kumite</u> Women</p> <ol style="list-style-type: none">118. 18-34 Years old119. 35-49 Years old120. 50 and over



Golden Rule Karate & Fitness L.L.C.

Tournament Registration Form

Please Print Neatly; This Will Help Us Avoid Errors.

Name:		*AI # For Pre-Registration Only:	Sex:
Address:			
City, State Zip:			
Home Phone:		E-mail:	
Date of Birth:			Age:
Belt Color:		Discipline/Style:	
Novice:	Intermediate:	Advanced:	Black:
Doja:		Doja Phone:	
Instructor:			
Location: Warren County Technical School 1500 Route 57 - Washington, NJ 07882			
You Must Complete All Boxes On This Form!			

I, in consideration of my participation in this tournament do hereby assume all risk of personal injury (including death) while attending and or participating in said tournament. Acting for myself, my heirs, personal representatives, and assigns, do hereby release GOLDEN RULE KARATE & FITNESS LLC., the chief instructor, assistant instructors, members of their families, officers, agents, and representatives of GOLDEN RULE KARATE & FITNESS LLC. individually and collectively from all liability, including claims of suits at law or equity for any injury fatal or otherwise, which may result directly or indirectly from traveling to, attending, participation in, or returning from this event. I consent that any pictures furnished by me or taken of me or my children in connection with GOLDEN RULE KARATE & FITNESS LLC. can be used for publicity or promotion, posted on social networking sites, and may be used for commercial purposes, and I waive compensation in regard thereto. The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. It is believed that an individual can be infected with COVID-19 without their knowledge and be asymptomatic. Golden Rule Karate & Fitness LLC. has put in place preventative measures to reduce the spread of COVID-19. However, Golden Rule Karate & Fitness LLC. cannot guarantee that I/We or anyone else will not become infected with COVID-19, including my spouse, guests, unborn child, or relatives. Participation at Golden Rule Karate & Fitness in tournaments, class, gym use, or any activity or event or at Golden Rule karate & Fitness LLC. facilities could increase the risk of contracting COVID-19.

By signing this release, I/We acknowledge the contagious risk of contracting COVID-19. By signing this release, I/We acknowledge the contagious nature of COVID-19 and VOLUNTARILY assume risk that I/We may be exposed to or infected by COVID-19 by participating in a Golden Rule Karate & Fitness LLC. program(s), related activity, or event or using the facilities and that such exposure or infection may result in personal injury, illness, permanent disability, and death to myself, myself or others, including but not limited to, Golden Rule karate & Fitness LLC. employees, volunteers and program and tournament participants. I/We understand and voluntarily accept and assume all the foregoing risks related to COVID-19 and accept sole responsibility for any injury or illness that may occur. Further I/We understand and agree that this release includes any claims based on the actions, omissions, or negligence of Golden Rule Karate & Fitness LLC., its employees, agents, officers, volunteers, and assigns, whether a COVID-19 infection occurs before, during, or after participation in any Golden Rule Karate & Fitness LLC. program(s), related event, or activity or using facilities.

Signature of Contestant:

Date:

Signature of

Parent/ Guardian:

Date:

Please check the appropriate boxes with an X:

Kata: <input type="checkbox"/>	Weapons Kata: <input type="checkbox"/>	Kumite: <input type="checkbox"/>
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Pre-Registration: Postmarked by February 1st, 2023

Event Date: February 19th, 2023

*American Isshinryu Members deduct \$5.00 for preregistration only

1 Event \$40 2 Events \$45 3 Events \$50

At the Door: 1 or 2 Events \$55, 3 Events \$60, Spectators \$8.00

Mail To: Golden Rule Karate & Fitness
26 Wall Street
Oxford, NJ 07863

Postmarked no later than February 1st, 2023.