



Golden Rule Karate & Fitness L.L.C.

Division Break Down

<p><u>Boys & Girls 8 years old & under</u> Weapons Kata</p> <ol style="list-style-type: none"> 1. Novice 2. Intermediate 3. Advanced <p><u>Boys & Girls 9-11 years old</u> Weapons Kata</p> <ol style="list-style-type: none"> 4. Novice 5. Intermediate 6. Advanced <p><u>Boys & Girls 12-14 Years Old</u> Weapons Kata</p> <ol style="list-style-type: none"> 7. Novice 8. Intermediate 9. Advanced <p><u>Boy & Girls 15-17 Years Old</u> Weapons Kata</p> <ol style="list-style-type: none"> 10. Novice 11. Intermediate 12. Advanced
<p><u>Boys & Girls 6 years old & Under</u> Empty Hand Kata</p> <ol style="list-style-type: none"> 13. Novice 14. Intermediate 15. Advanced <p><u>Girls 6 years old & Under</u> Kumite</p> <ol style="list-style-type: none"> 16. Novice 17. Intermediate 18. Advanced <p><u>Boys 6 years old & Under</u> Kumite</p> <ol style="list-style-type: none"> 19. Novice 20. Intermediate 21. Advanced
<p><u>Boys & Girls 7 & 8 Years Old</u> Empty Hand Kata</p> <ol style="list-style-type: none"> 22. Novice 23. Intermediate 24. Advanced <p><u>Girls 7 & 8 years old</u> Kumite</p> <ol style="list-style-type: none"> 25. Novice 26. Intermediate 27. Advanced <p><u>Boys 7 & 8 years old</u> Kumite</p> <ol style="list-style-type: none"> 28. Novice 29. Intermediate 30. Advanced
<p><u>Boys & Girls 9 & 10 Years Old</u> Empty Hand Kata</p> <ol style="list-style-type: none"> 31. Novice 32. Intermediate 33. Advanced <p><u>Girls 9 & 10 years old</u> Kumite</p> <ol style="list-style-type: none"> 34. Novice 35. Intermediate 36. Advanced <p><u>Boys 9 & 10 years old</u> Kumite</p> <ol style="list-style-type: none"> 37. Novice 38. Intermediate 39. Advanced

<p><u>Boys & Girls 11 & 12 Years Old</u> Empty Hand Kata</p> <ol style="list-style-type: none"> 40. Novice 41. Intermediate 42. Advanced <p><u>Girls 11 & 12 years old</u> Kumite</p> <ol style="list-style-type: none"> 43. Novice 44. Intermediate 45. Advanced <p><u>Boys 11 & 12 years old</u> Kumite</p> <ol style="list-style-type: none"> 46. Novice 47. Intermediate 48. Advanced
<p><u>Boys & Girls 13 & 15 Years Old</u> Empty Hand Kata</p> <ol style="list-style-type: none"> 49. Novice 50. Intermediate 51. Advanced <p><u>Girls 13 & 15 years old</u> Kumite</p> <ol style="list-style-type: none"> 52. Novice 53. Intermediate 54. Advanced <p><u>Boys 13 & 15 years old</u> Kumite</p> <ol style="list-style-type: none"> 55. Novice 56. Intermediate 57. Advanced
<p><u>Boys & Girls 16 & 17 Years Old</u> Empty Hand Kata</p> <ol style="list-style-type: none"> 58. Novice 59. Intermediate 60. Advanced <p><u>Girls 16 & 17 years old</u> Kumite</p> <ol style="list-style-type: none"> 61. Novice 62. Intermediate 63. Advanced <p><u>Boys 16 & 17 years old</u> Kumite</p> <ol style="list-style-type: none"> 64. Novice 65. Intermediate 66. Advanced
<p><u>Men & Women 18 - 34 Years Old</u> Empty Hand Kata</p> <ol style="list-style-type: none"> 67. Novice 68. Intermediate 69. Advanced <p><u>Men & Women 18 - 34 Years Old</u> Weapons Kata</p> <ol style="list-style-type: none"> 70. Novice 71. Intermediate 72. Advanced <p><u>Women 18-34 years old</u> Kumite</p> <ol style="list-style-type: none"> 73. Novice 74. Intermediate 75. Advanced <p><u>Men 18-34 years old</u> Kumite</p> <ol style="list-style-type: none"> 76. Novice 77. Intermediate 78. Advanced

<p><u>Men & Women 35- 49 Years Old</u> Empty Hand Kata</p> <ol style="list-style-type: none"> 79. Novice 80. Intermediate 81. Advanced <p><u>Men & Women 35- 49 Years Old</u> Weapons Kata</p> <ol style="list-style-type: none"> 82. Novice 83. Intermediate 84. Advanced <p><u>Women 35-49 years old</u> Kumite</p> <ol style="list-style-type: none"> 85. Novice 86. Intermediate 87. Advanced <p><u>Men 35-49 years old</u> Kumite</p> <ol style="list-style-type: none"> 88. Novice 89. Intermediate 90. Advanced
<p><u>Men & Women 50 and over</u> Empty Hand Kata</p> <ol style="list-style-type: none"> 91. Novice 92. Intermediate 93. Advanced <p><u>Men & Women 50 and over</u> Weapons Kata</p> <ol style="list-style-type: none"> 94. Novice 95. Intermediate 96. Advanced <p><u>Women 50 and over</u> Kumite</p> <ol style="list-style-type: none"> 97. Novice 98. Intermediate 99. Advanced <p><u>Men 50 and over</u> Kumite</p> <ol style="list-style-type: none"> 100. Novice 101. Intermediate 102. Advanced
<p><u>Black Belt Weapons</u> Men and Women</p> <ol style="list-style-type: none"> 103. 18-34 Years old 1-2nd Dan 104. 18-34 3rd and over 105. 35-49 Years old 1-3rd Dan 106. 35-49 4th and over 107. 50 and over 1-3rd Dan 108. 4th and over <p><u>Black Belt Empty Hand Kata</u> Men and Women</p> <ol style="list-style-type: none"> 109. 18-34 Years old 1-2nd Dan 110. 3rd and over 111. 35-49 Years old 1-3rd Dan 112. 4th and over 113. 50 and over 1-3rd Dan 114. 4th and over <p><u>Black Belt Kumite</u> Men</p> <ol style="list-style-type: none"> 115. 18-34 Years old 116. 35-49 Years old 117. 50 and over <p><u>Black Belt Kumite</u> Women</p> <ol style="list-style-type: none"> 118. 18-34 Years old 119. 35-49 Years old 120. 50 and over



Golden Rule Karate & Fitness L.L.C.

Tournament Registration Form

Please Print Neatly; This Will Help Us Avoid Errors.

Name:		*AI # For Pre-Registration Only:	Sex:
Address:			
City, State Zip:			
Home Phone:		E-mail:	
Date of Birth:			Age:
Belt Color:		Discipline/Style:	
Novice:	Intermediate:	Advanced:	Black:
Doja:		Doja Phone:	
Instructor:			
Location: Warren County Technical School 1500 Route 57 - Washington, NJ 07882			
You Must Complete All Boxes On This Form!			

I, in consideration of my participation in this tournament do hereby assume all risk of personal injury (including death) while attending and or participating in said tournament. Acting for myself, my heirs, personal representatives, and assigns, do hereby release GOLDEN RULE KARATE & FITNESS LLC., the chief instructor, assistant instructors, members of their families, officers, agents, and representatives of GOLDEN RULE KARATE & FITNESS LLC. individually and collectively from all liability, including claims of suits at law or equity for any injury fatal or otherwise, which may result directly or indirectly from traveling to, attending, participation in, or returning from this event. I consent that any pictures furnished by me or taken of me or my children in connection with GOLDEN RULE KARATE & FITNESS LLC. can be used for publicity or promotion, posted on social networking sites, and may be used for commercial purposes, and I waive compensation in regard thereto. The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. It is believed that an individual can be infected with COVID-19 without their knowledge and be asymptomatic. Golden Rule Karate & Fitness LLC. has put in place preventative measures to reduce the spread of COVID-19. However, Golden Rule Karate & Fitness LLC. cannot guarantee that I/We or anyone else will not become infected with COVID-19, including my spouse, guests, unborn child, or relatives. Participation at Golden Rule Karate & Fitness in tournaments, class, gym use, or any activity or event or at Golden Rule karate & Fitness LLC. facilities could increase the risk of contracting COVID-19.

By signing this release, I/We acknowledge the contagious risk of contracting COVID-19. By signing this release, I/We acknowledge the contagious nature of COVID-19 and VOLUNTARILY assume risk that I/We may be exposed to or infected by COVID-19 by participating in a Golden Rule Karate & Fitness LLC. program(s), related activity, or event or using the facilities and that such exposure or infection may result in personal injury, illness, permanent disability, and death to myself, myself or others, including but not limited to, Golden Rule karate & Fitness LLC. employees, volunteers and program and tournament participants. I/We understand and voluntarily accept and assume all the foregoing risks related to COVID-19 and accept sole responsibility for any injury or illness that may occur. Further I/We understand and agree that this release includes any claims based on the actions, omissions, or negligence of Golden Rule Karate & Fitness LLC., its employees, agents, officers, volunteers, and assigns, whether a COVID-19 infection occurs before, during, or after participation in any Golden Rule Karate & Fitness LLC. program(s), related event, or activity or using facilities.

Signature of Contestant:

Date:

Signature of

Parent/ Guardian:

Date:

Please check the appropriate boxes with an X:

Kata: <input type="checkbox"/>	Weapons Kata: <input type="checkbox"/>	Kumite: <input type="checkbox"/>
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Pre-Registration: Postmarked by February 1st, 2024

Event Date: February 18th, 2024

*American Isshinryu Members deduct \$5.00 for preregistration only

1 Event \$40 2 Events \$45 3 Events \$50

At the Door: 1 or 2 Events \$55, 3 Events \$60, Spectators \$8.00

Mail To: Golden Rule Karate & Fitness

26 Wall Street

Oxford, NJ 07863

Postmarked no later than February 1st, 2024.